



Online Policy and Procedure

Student Agreement

As a condition to enrolment and receipt of training in the six month Willpower Institute Meditation Instructor Course (Basic Meditation Course), each student must execute and deliver to Willpower Institute sign below agreement. By reading and signing the Policy and Procedure document, the student agrees:

1. Not to copy or distribute copies of the written study or any other educational materials provided to student during the Basic Meditation Course (including, without limitation, "Meditation Instructor Course" of the Willpower Institute, Luangphor Viriyang Sirintharo) without prior written consent of the Willpower Institute – North America, 12520 – 135 Ave., Edmonton, AB, Canada T5L 3X3 and Willpower Institute USA 3507 E.7th St, Los Angeles, CA 90023.
2. Not to teach, advertise, or promote oneself as a teacher of the methods or techniques of meditation learned by the student in the Meditation Instructor Course (Basic Meditation Course), without prior written consent of Willpower Institute – North America. The undersigned student will defend, hold harmless, and indemnify Willpower Institute North America, Willpower Institute USA and their directors, officers, employees, volunteers and instructors for any liability the undersigned student causes any of them to incur, including but not limited to the cost of defense of legal actions. In the event of legal action to enforce this Agreement, Canadian law or American law shall apply. In addition, venue will lie in the appropriate provincial court for Edmonton, Alberta, or the appropriate provincial court for Los Angeles, California based on student's location and the prevailing party shall be entitled to entry of judgments for costs and attorney's fees.
3. Enrolment of the student in the Willpower Institute Meditation Instructor Course (Basic Meditation Course) may be terminated by the Willpower Institute President, designate, or designate instructor at any time if the President, designate, or designate instructor, in his or her sole discretion, determines that the student is not in substantial compliance with this Student Agreement or Willpower Institute Rules and Regulations.

Student Expectations Agreement

I have read this Student Agreement and agree to the terms and conditions contained herein. I agree not to copy or distribute copies of any materials provided to me by Willpower Institute without prior written consent from the President or designated instructors of Willpower Institute. I also agree not to teach, advertise or promote myself as a teacher of the methods or techniques I have learned in the Willpower Institute materials or classes. I will hold harmless Willpower Institute North America, Willpower Institute USA and their President, directors, officers, employees, volunteers, and instructors for any liability I cause any of them to incur. Additionally, I recognize that the President, designate, or designate instructor, may terminate my enrolment at any time if they determine that my conduct is not in substantial compliance with the Willpower Institute Rules and Regulations.

Requirements and Expectations

Qualifications for Participation

- Good physical and mental health.
 - Information provided in the Meditation Instructor Course at Willpower Institute is not to be used in place of medical or psychiatric care and advice.
- Proficiency in English.
- Over 18 years old.
 - Persons under the age of 18 must receive special consent through Willpower Institute North America or Willpower Institute USA to attend the meditation course.
- Be compliant with the Rules and Regulations set out by Willpower Institute.

Information and Requirements

- Classes are one and a half hour in length and are held 5.30-7.00 pm Pacific Time Monday to Friday excluding holidays.
- At the conclusion of the course there will be an exam that covers the theory and practice.
- There may be students who are experienced meditators or intellectually skillful who are able to comprehend the context sooner than others. Nevertheless, all students will receive the same instruction.
- There are various methods of meditation conducted by different groups and institutions. Students of all methods are welcome. While attending the Meditation Instructor Course, students agree to follow the text, guidelines and practice set out by Master Teacher, Luangphor Viriyang Sirintharo.
- Religion is not taught in this course because meditation is not a religion. Students of all faiths, beliefs and backgrounds are welcome.
- Students must be respectful of their peers, instructors and the culture of the meditation center.

Attendance

- Students must attend 70% of all classes to be eligible to take the exam and receive a certificate of completion for The Basic Meditation Course from Willpower Institute.
- One in class day is the equivalent of 1 and a half hour, which is 30 minutes of theory and 60 minutes of meditation practice. Each 1 hour meditation consists of 30 minutes walking meditation followed by 30 minutes sitting meditation.
- Students arriving more than 10 minutes late for class will not be permitted to count that day towards their attendance requirements.
- If student demonstrates habitually late behavior, administration reserves the right to deny eligibility for certificate of completion.